



## Beginner courses

### Classes of 3 to 6 people

Introductory course to the game of golf, with a fixed 8 lesson schedule.

The goal of this course is to give the students the needed tools to start playing golf, such as, the fundamentals of the golf swing, putting and chipping.

Price: 140€ (8 classes)

Equipment: we will provide the equipment needed for the lessons. We will also provide 2 baskets of balls per week so that these students can practise in between lessons.

#### Course description:

- 1st class – Introduction to the game of golf: learning the fundamentals of the golf swing, such as the grip, stance, posture and ball position, as well as the basis for putting
- 2nd class – Golf swing fundamentals: backswing and followthrough
- 3rd class – Reinforcement of the previous two lessons as well as the introduction to chipping
- 4th class – Chipping practise and introduction to pitching
- 5th class – Full swing and putting practise
- 6th class – Overview of all previous lessons
- 7th class – Introduction to playing on the course
- 8th class – Playing on the course – an introduction to tournament competition

For more info on the Beginner Course, contact us through our website, through email to [geral@academiadegolfedelisboa.pt](mailto:geral@academiadegolfedelisboa.pt) or through our phone number: 217 960 108